

# Childrens and Adults Eating Disorder Services

LPT - October 21



[www.leicspart.nhs.uk](http://www.leicspart.nhs.uk)

# THE COSTS OF EATING DISORDERS ON THE UK



16% screens positive for a potential EATING DISORDER  
4% find that EATING DISORDER significantly interferes with their lives

EATING DISORDERS can affect people of all ages, gender, race & ethnicity



ALL EATING DISORDERS have an increased mortality rate

50% OF EATING DISORDER sufferers go on to recover. However, only 30% improve and more consequently 20% remain in a chronic condition



## COSTINGS

Health care costs in 2020 for Anorexia & bulimia cost £1.6 Billion



Carers costs in 2020 for anorexia & bulimia cost £0.9 Billion

Personal finance in 2020 for anorexia & bulimia cost £0.7 Billion

Productivity costs for anorexia & bulimia cost £3.9 Billion

The social costs of OFSED & BED Cost £2.3 Billion

In 2020 eating disorders cost the UK

**£9.4 Billion**

Only 6% of those dealing with an EATING DISORDER are underweight



Each year there are 21,000 admissions to the NHS which is approximately only 1% receiving specialist care



There are currently only 455 beds for adults with eating disorders



# LPT SERVICES



# Key Service Highlights

- **LPT leading the new East Midlands Provider Collaborative for Adult Eating Disorders from April 2021**
- **New CAMHS Inpatient Unit opened November 2020 – includes Eating Disorder inpatient care**
- **Upgraded Adult ED Inpatient opening 2023 – with improved bedroom facilities and additional outside space**
- **A home Intervention Team for Children and Young People**
- **A First Episode Rapid Response Service for first time presentations**

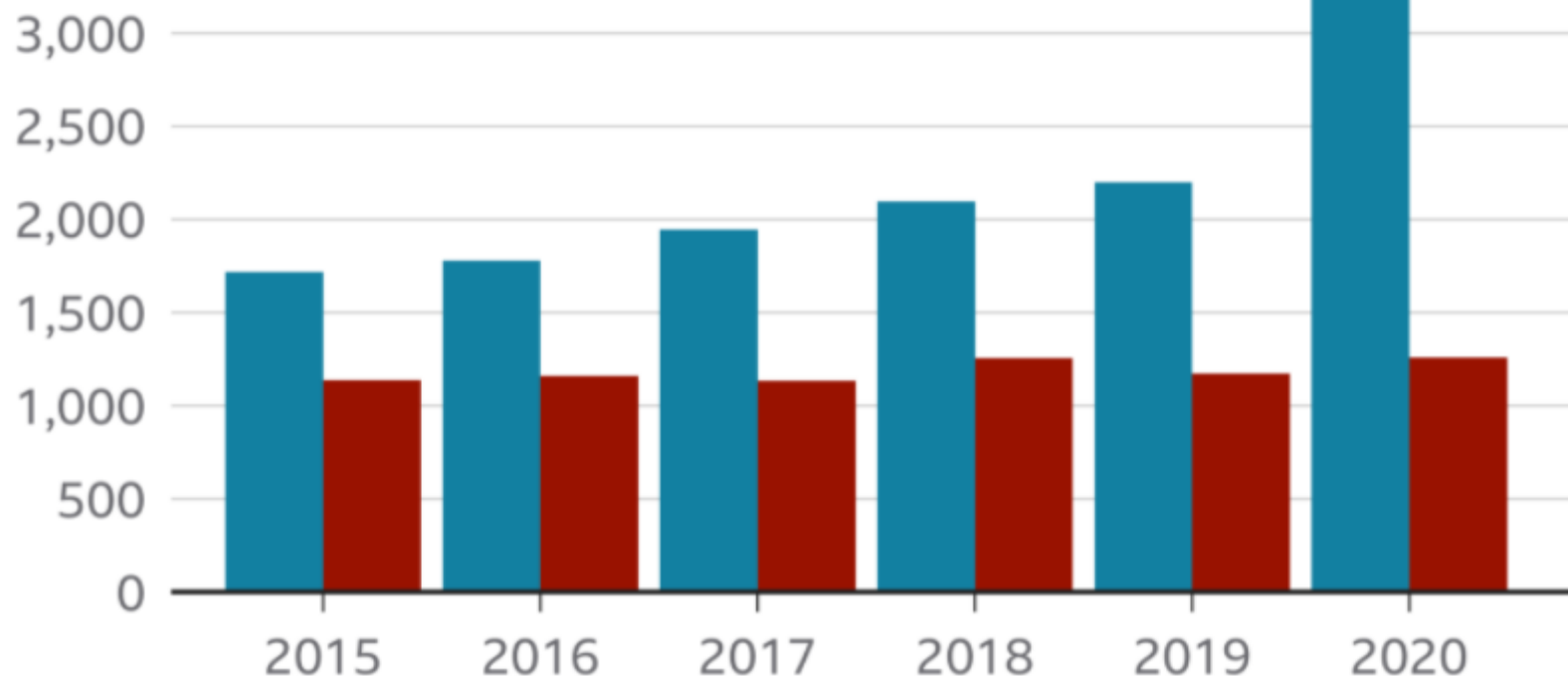
# Impact of Covid

**There were 19,562 new referrals of under-18s with eating disorders to NHS-funded secondary mental health services in 2020, a rise of 46% from the 13,421 new referrals in 2019.**

# Eating disorder hospital admissions among under-20s have risen during the pandemic

Admissions where eating disorder is the primary diagnosis

■ Patients aged under 20 ■ 20 and over



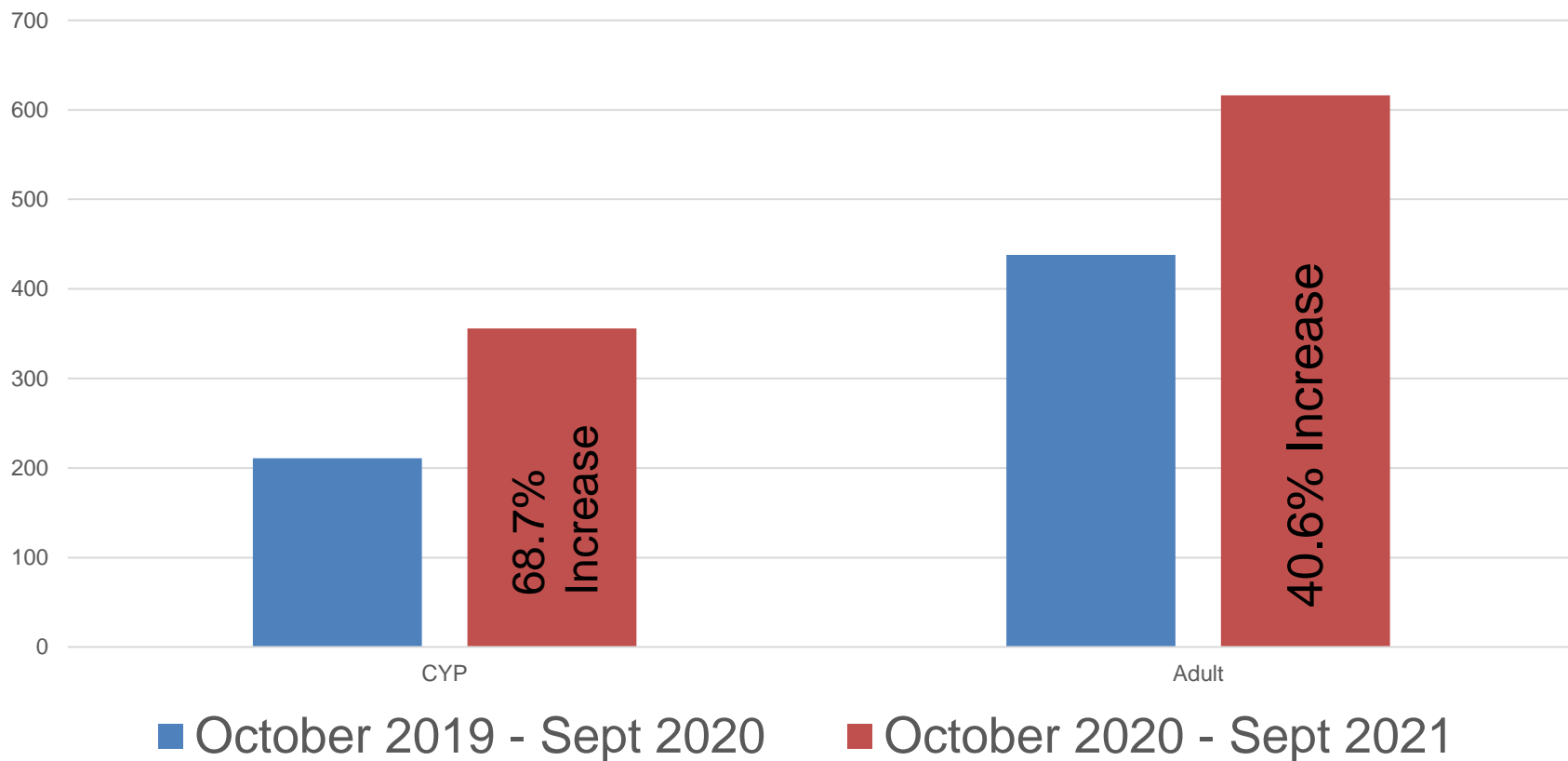
Note: Financial years beginning in the April of the year indicated

Source: NHS Digital

R I R C

# Local data

## Comparison of Referrals for ED in LLR



# Impact

**An increase in the waiting times for routine assessment and treatment for both Children and adults as urgent referrals are prioritised**

**A delay in accessing appropriate inpatient care for some CYP due to lack of suitable bed availability**



# Reducing the risk of harm

Secured investment for Home Intervention Team

‘Duty’ system for families and CYP to call in for advice

Specific interventions in place for those waiting

Telephone assessment to screen routine referrals which may be urgent

Monitoring clinics for patients who cannot be allocated to first line treatment following assessment.

Signposting to support services whilst waiting

# Future Plans

Continue to expand the service provision in line with increased funding (£766K CYP and £268K Adults) including;

- Expanding the FREED pathway
- Working towards national targets for adults
- Strengthening pathways with other mental health services
- Increase our inpatient capacity