

**Young People Mental Health
ACTION PLAN**

Item No.	Recommendation	Responsible	Timescale
1	The survey findings to be used as starting point for more in depth investigation with young people about their mental health and use of services.	Leicestershire Partnership NHS Trust (LPT)	Within the next 12 months
2	Further engagement with parents and carers in order to better understand their experiences of caring for young people with mental health issues.	Leicestershire Partnership NHS Trust (LPT)	Within the next 12 months
3	Review waiting times for CAMHS and the support available for young people who are waiting to access the service.	Leicestershire Partnership NHS Trust (LPT)	Within the next 6 months
4	Support available in schools. Review the information gap for young people and families to know where to access support. Need for ongoing, active promotion of services to reach young people, not just online resources.	Local children and young people's mental health services, including Mental Health Support Teams (MHSTs) and the Children and Family Wellbeing Service (CFWS).	Within the next 6 months

	<p>Consideration is given to how young people can be kept informed on services and support that is available, noting that the new offering in Leicestershire schools should go a long way to create increased provision and it would be advisable to further investigate mental health and wellbeing support in schools in Leicester city.</p>	Mental Health Support Teams in Schools (MHST)	Within the next 6 months
5	<p>More information for professionals working with young people and families on where they can signpost people to access mental health and wellbeing support.</p>	Leicestershire Partnership NHS Trust (LPT)	Within the next 6 months
6	<p>Consideration is given to how to provide support in city schools, working with young people experiencing emotional difficulties.</p> <p>Explore the model of having Health and Wellbeing Officers attending each school.</p>	Mental Health Support Teams in Schools (MHST)	Within the next 6 months